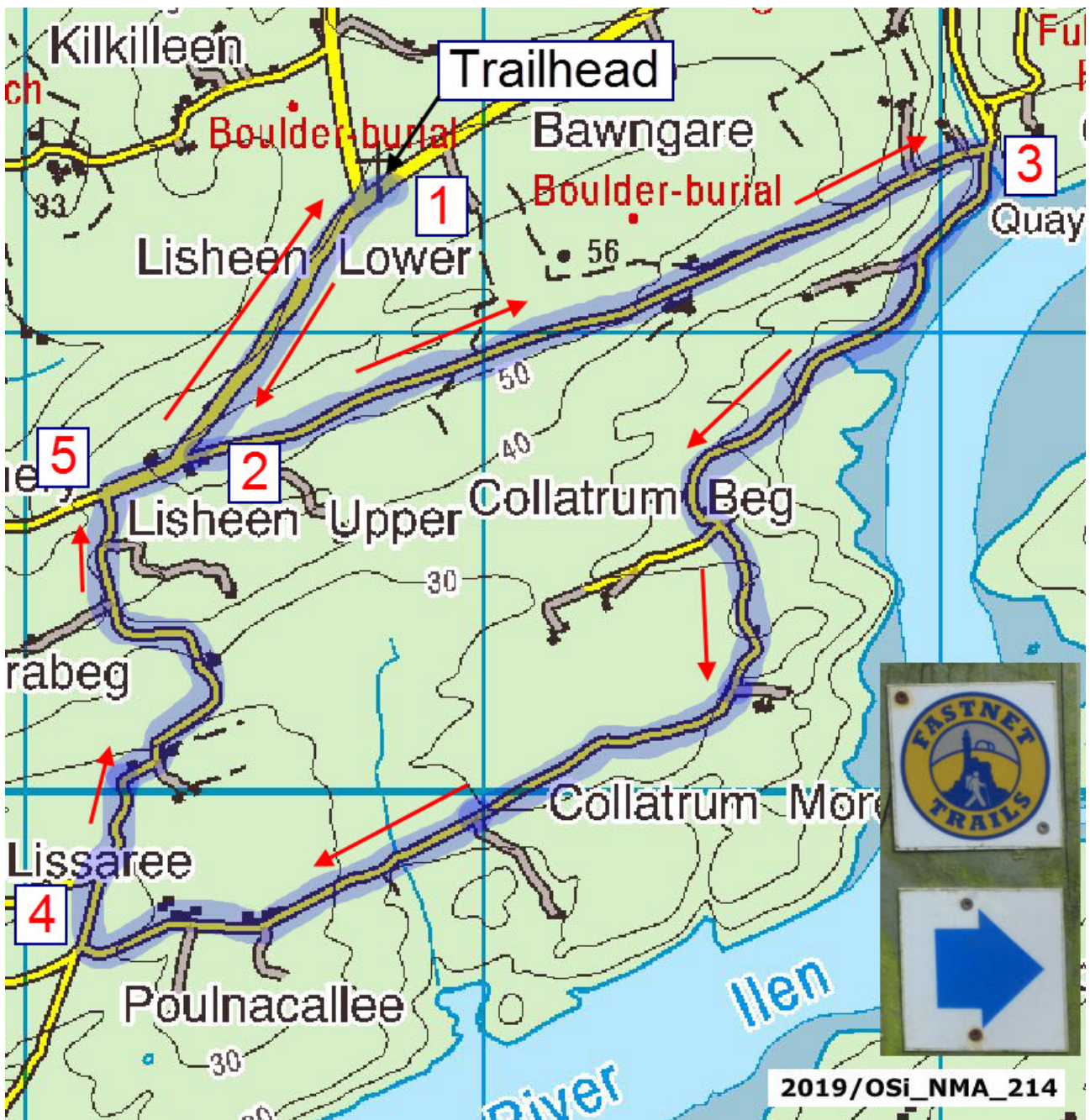




Fastnet Trails

Ilen River Loop Walk - 8km

Map of the Ilen River Loop Walk



This walk is mostly along quiet country roads. It is about 8km long which takes about 2 hours.

It is highly recommended that you wear a hi-viz vest for safety reasons and good footwear for comfort reasons.

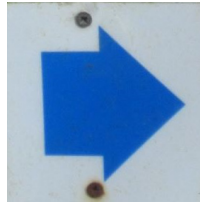


Fastnet Trails

Ilen River Loop Walk - 8km

Walk Guide

Read this Walk Guide in conjunction with the map above for best results. The route is marked with blue arrows which you need to look out for.



Starting from the car park (1) opposite Saint Comghall's Church, face the trailhead board and head off to the LEFT past the road junction and up the hill in a SW direction. At the top of the hill you will see Minihan's bar and just before it a junction (2) on your left.

Turn LEFT here and you almost doubling back on yourself but don't worry, the road rises gently and splendid views open out to your right and left. After about 2km the road descends quite steeply to a junction (3) where you must turn RIGHT. Now you are on Reenadonagh Pier with fine views over the river Ilen.

Follow this road as it winds its way alongside the river, then up and down a few small hills, round bends and through farms. You may be able to see the islands of Innisbeg and Reengaroga in the estuary and Sherkin further out to sea. Finally the road descends after 3km to a junction (4).

Here you need to turn RIGHT again and the road will slowly rise ahead of you round more bends. Take care along this stretch as it can be busy at times. Finally the road takes a huge horseshoe bend and climbs to another junction (5) where you turn RIGHT.

A short stroll brings you to Minihan's Pub, which you saw earlier on the walk, and this is most surely time for refreshments.

Continuing your journey, you are now back at the first junction (2), you need to keep LEFT and descend the hill back to Lisheen Church and the car park.

