

Fastnet Trails

Toormore - Barr an Bheallaigh Link

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Type of Route	Arrows	Distance	Grading	Estimated Time	Total Climb
Linear	Navy Blue	18.5 km	Easy	5.5 - 6 Hours	240 m

Walk Guide

Start at the Toormore Trail Head (1) and follow the navy-blue arrows which take you west at first along the side of the main Goleen road. Two right turns (2)(watch out for turn off to Goleen- if that is your choice) now take you eastward along backroads where you pass through Arderawinny and Lissacaha townlands, turning left at junction (3), right at junction (4) and left at junction (5).

From there is a long stretch through Gloun and onward to skirt the north side of Mt Gabriel. Take time the enjoy the views from here to the north and west to as far away as Hungry hill on the Beara peninsula.

Taking a left at the T-junction after mount Gabriel (6) and the next right (7) brings you onto the Letter Road. A left here (8) after a while takes you north through Raheenroe and Cusovinna and across the Ballydehob-Dunbeacon road (9).

Turning left after some time (10) takes you along by the old Gurteenakilla creamery and eventually up through the townland of Scrahanyleary to reach the high point and end of the walk at the car-park/ layby at Barr a' Bhealaigh (11) on the Sheep's Head Network of walks.

This trail is graded as Easy: It is a generally flat trail with a smooth surface and some gentle slopes or shallow steps. The trail is generally suitable for family groups including children and the elderly. Normal outdoor footwear can be worn. (Check the length of walk before starting out.)

Note: Dogs are allowed on this on-road-trail but must be on a leash. (DOGS are not allowed even on a lead on off road trails.)